



2009 AACC Commuter Mileage Challenge & Lake Tahoe Bike to Work Week Challenge

- This is a challenge to AACC members to log your commuter miles and trips for the month of May, National Bike Month, and Bike to Work Week (May 11 -15th) and put them up for all to see.
- A commuter mile is any mile ridden on your bike, instead of your car, for a designated purpose like going to work, school, the store, a meeting, the start of an Alta Alpina race or ride, etc. There are a lot of opportunities. Post only the miles that you would normally use your car to commute to and from that destination.
- A commuter trip is counted as one leg of your total commute. An example: Round trip to work = 2 trips; Round trip to work + a stop at the post office on the way home = 3 trips.
- Lead a Commute to Work ride and post it on the AACC Ride Board!
- This is strictly on the honor system, so you are the judge.
- To enter the AACC Commuter Mileage Challenge, email your name, total miles and trips to Peter Costa @ president@altaalpina.org by June 10, 2009.
- Alta Alpina has a team in the Lake Tahoe Bike to Work Week Mileage Challenge, captained by Lauren Lindley. Go to Tahoebike.org and register for the Alta Alpina team.
- **Everyone is encouraged to participate as every mile will count.** This is a club challenge as much as an individual challenge. Even if you only commute once the whole month, send in your miles. Individual honors and club totals will be posted on the website, the newsletter and the local papers too!